



Ankle Shakers

Activity 3

PURPOSE: To encourage an appreciation of the music of other cultures and to have students discuss the different ways people make music.

TIME: One hour to make the “shakers” and drums, additional time for a party

MATERIALS: Brown paper, scissors, empty egg carton, stapler, tape and stones, dry beans or small beads

METHOD:

Discuss with students the kinds of music they like to listen to. Have they heard music from other parts of the world or from other cultures? Explain that in African music, rhythm and the participation of the audience are particularly important.

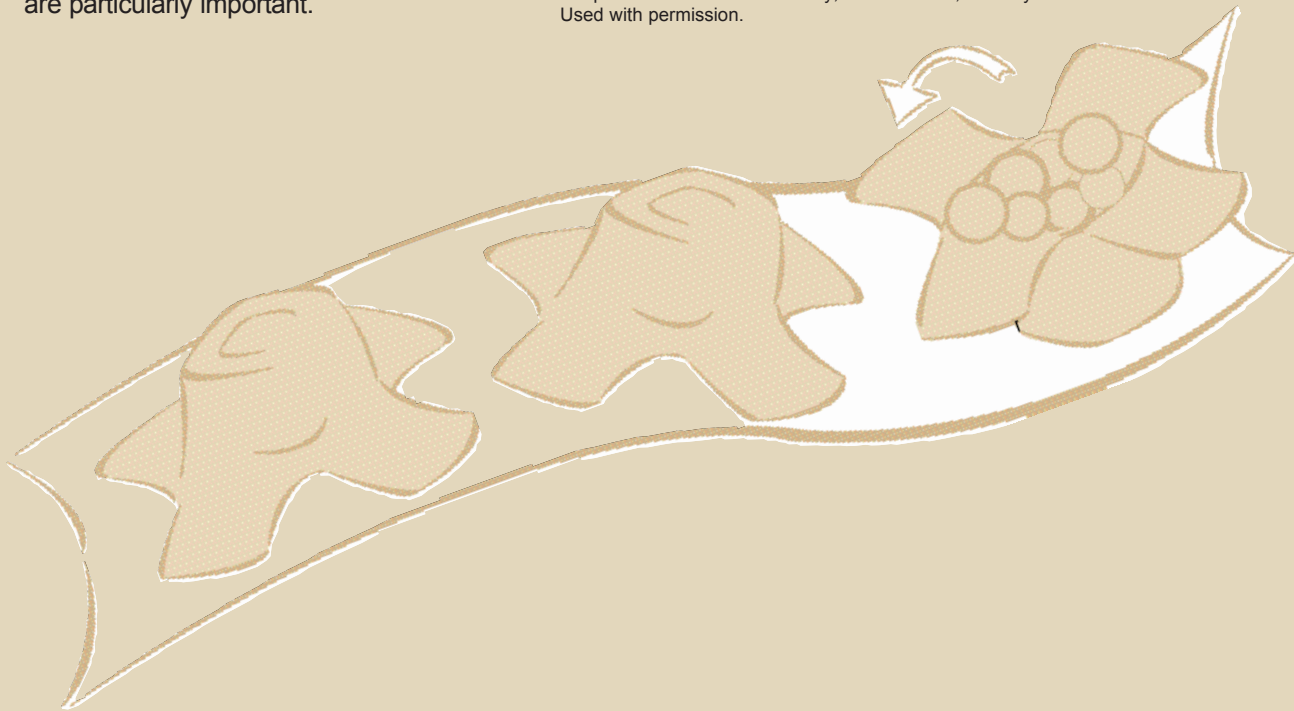
To share with your students:

In the video, the people of Kadambara, Togo, hold a celebration to welcome the video crew- and you, other young people who would see the video - to their community. Young people participated by dancing and drumming.

The dancing group made ankle bands filled with stones so that their feet would add to the rhythm of the music while they were dancing. You can make these too and put them around your ankles or shake them in your hand.

Distribute the instructions on the following page to students.

Adapted from Somewhere Today; CIDA. No 6.2, January 1995. Used with permission.



EXTENSION:

Have students research African music or bring in taped African music if they have any at home. Encourage them to find information on the musical instruments used in Senegal and Togo. Drums are very important and there are many different kinds. Students may come up with their own ideas for making instruments. Hold a celebration with African food and music - invite other classes in the school. That way they won't mind if you're making a lot of noise.



IT IS THE SUPREME
ART OF THE
TEACHER TO AWAK-
EN JOY IN CRE-
ATIVE EXPRESSION
AND
KNOWLEDGE.

Albert Einstein